



# **NDIS Services**

### Support Coordination, Recovery Coaching & Core Support



## Introduction

We understand that finding the right support for your recovery journey can be overwhelming. Our specialized recovery coaching services are tailored to empower individuals with psychosocial support needs, providing personalized guidance and support every step of the way.

## About Kanyini Care

Kanyini Care Services is dedicated to delivering exceptional and personalised NDIS and home care services. Our team is committed to fostering an environment that supports your independence while providing the necessary care to enhance your life at home. We offer a comprehensive suite of services that meet and exceed the highest safety and personal care standards.

#### **Our Vision**

We envision a world where every individual receives compassionate, holistic care that nurtures the spirit, honours deep connections with family and community, and respects the sanctity of home as the heart of well-being.

#### **Our Mission**

To deliver personalised, top-tier home care and NDIS services, ensuring everyone we serve can live independently and with dignity in their homes. We aim to navigate complex health challenges with empathy and expertise, enhancing the quality of life for all our clients and honouring their unique journeys toward recovery and well-being.

#### **Our Core Values**

Our core values reflect the "Kanyini" philosophy, which emphasises a deep connectedness and responsibility to care for each other. This philosophy underpins our commitment to providing healthcare services that not only meet physical health needs but also support mental and emotional well-being.

Kurunpa (Spirit, Soul, and Psyche): Focusing on the comprehensive well-being of our clients, addressing mental and emotional health needs alongside physical care.	Ngura (Home, Place, and Belonging): Ensuring that every client feels a sense of safety, comfort, and belonging in their living environments, which is crucial for overall well-being and recovery.
Walytja (Family and Kinship): Recognizing the vital role of family and community connections in health and recovery, emphasizing support networks that enhance the care experience.	<b>Tjukurrpa (Belief System):</b> Practicing the highest ethical standards in care practices, ensuring integrity and excellence in every action, particularly in culturally sensitive contexts.

## We Care for Aboriginal and Torres Strait Islander People

We are committed to a shared journey with Aboriginal and Torres Strait Islander people towards greater strength and prosperity. Our services celebrate culture and create opportunities for the indigenous community, ensuring they are culturally tailored and deeply respectful of the communities.

In collaboration with

#### **Kalang Respite Care Centre Aboriginal Corporation Indigenous Health**

We proudly collaborate with Kalang Respite Care Centre Aboriginal Corporation Indigenous Health to deliver exceptional home care packages and services throughout Sydney. As a committed Not-for-Profit organisation, Kalang focuses on supporting Indigenous and non-Indigenous communities with services, including domestic assistance, cultural and social support, day respite, shopping assistance, lawn mowing, maintenance, and transportation to appointments.



### **NDIS Recovery Coaching Services**

Our NDIS Recovery Coaching Services provide the support and guidance needed to navigate your recovery journey. Specializing in psychosocial disability and mental health, we offer tailored services to meet your unique needs.

#### What is a Psychosocial Recovery Coach?

Psychosocial Recovery Coaching is designed to help you live a healthy and fulfilling life by providing personalized support and guidance tailored to your unique needs. Our qualified and experienced recovery coaches assist in identifying your goals, exploring opportunities, developing your support network, and empowering you to make your own choices.

#### Goals to Aim For

Develop a personalized recovery plan with clear goals that integrate all your supports, helping you navigate your journey with purpose.

#### Making Progress

Stay motivated by focusing on your strengths, goals, and resilience, ensuring you keep moving forward.

#### • A coach by your side

Have a dedicated person who will tackle challenges and celebrate wins with you, providing continuous support.

#### Organized Support Services

Receive expert guidance in choosing and managing support services to maximize the benefits of your NDIS plan.

#### • Back–Up When You Need It

Get support in advocating for your needs and preferences with the NDIS and clinical services.

#### • Advance Care Directives

Benefit from advance care directives, discharge planning, and relapse prevention assistance.

Tim NDIS Service Recipient

Kanyini's NDIS Mental Health Services are top-notch. Team is knowledgeable and genuinely cares about his clients.



#### Specialist support co-ordination

Our support coordinators, led by experienced registered nurses, work with you to develop a robust support network that broadens your horizons and maximises the benefits of your NDIS plan. They focus on enhancing your skills and confidence, empowering you to regain independence and take control of your life. You are the expert in your journey, and our coordinators provide the guidance and control you need to navigate it effectively.

#### A Support Coordinator's Role Includes:

- Establishing a comprehensive support network tailored to your needs.
- Collaborating to find creative and innovative solutions.
- Listening attentively to understand your ideas and aspirations.
- Assisting in setting challenging yet enjoyable personal goals.
- Utilising your strengths to unlock potential and create opportunities.

#### Our Distinctive Approach

- RN-Led Support: From Level 1 to Level 3 support coordination, our registered nurses lead the way, ensuring a high standard of care and expertise throughout your plan.
- Expert Navigators: Our coordinators are experts in the NDIS system and are dedicated to helping you understand and effectively use your plan and funding.
- Beyond NDIS Goals: We recognize that your journey encompasses more than just meeting NDIS plan goals. Our support extends to establishing personal goals that reflect your true interests and aspirations, focusing on what matters most to you in every facet of your life.

Sandra NDIS Service Recipient

Best support co-ordination ever! The team at Kanyini is organised, caring, and always on top of every need. I highly recommend their services.



#### **Core supports**

We assist you in exploring, planning, and participating in activities that interest you. We aim to help you maintain a meaningful and independent life in familiar surroundings, enabling you to engage in activities that bring you joy and fulfilment.

#### Assistance with Daily Living

- Personal activities such as showering
- Household tasks including cleaning
- Meal preparation and delivery services

#### Social and Community Participation

- Support for engaging in social or recreational activities
- Activities like art classes, sports, camps, and community visits
- Assistance with escorted leave from Mental Health facility
- Support worker assistance for participation and connection with others

#### **Book a free consultation**

Schedule a free consultation to enhance your NDIS experience.

#### Need Assistance with Applying for NDIS?

Detailed consultations and customised support for NDIS applications.

Call us on 1300 638 160 or email Info@kanyinicareservices.com.au



# Your Well-being, Our Heartfelt Mission



Scan QR to make a referral

Info@kanyinicareservices.com.au kanyinicareservices.com.au 1300 638 160



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