

# Home Care Packages

## Your Well-being, Our Heartfelt Mission



## **Our Services**

When it comes to your health, wellbeing, and independence, getting the right support is everything. At Kanyini Care Services, we offer a broad range of services that can help you get the most out of life.

We'll take the time to get to know you so that we can develop a tailored support plan that suits your lifestyle and needs. Our services include:



#### **Personal Care Services**

Assistance with daily tasks such as bathing, grooming, and mobility support to help you maintain independence and comfort at home.



#### **Grocery Shopping Support**

Assistance with grocery shopping accompanying you to the store, shopping on your behalf, or managing online orders.



#### **Professional Nursing Care**

Comprehensive care from routine assessments to complex health management provided by expert nurses.



#### **Meal Planning & Preparation**

Healthy and delicious meals prepared or delivered to meet your dietary requirements, ensuring proper nutrition.



#### **Reliable Transportation**

Safe and timely transportation for appointments, shopping, or social outings to support your mobility.



#### **Domestic Assistance**

Support with household chores like cleaning, laundry, and general housekeeping to ensure a safe and comfortable living environment.



#### **Community Connection**

Opportunities for social activities, outings, or companionship at home to keep you active and connected.



#### Home Maintenance & Gardening

Services to keep your home and garden well-maintained, enhancing your living space and ensuring safety.

#### Tiff Kaitlin Home Care Service Recipient

This is the best home care team I have worked with. They are supportive, professional, and genuinely caring. It is a great place to grow in the healthcare field.



### **Specialised Nursing Care**

Our nursing services offer comprehensive and compassionate care tailored to your individual needs. From wound care and medication management to respiratory support and chronic condition management, our skilled nurses provide expert care in the comfort of your home.

#### • Independence Support

Regular assessments to ensure safety, nutrition, and overall health, supporting your independence.

#### • Advanced Wound Care

Specialized care for chronic and complex wounds using the latest treatment techniques.

#### • Medication Management

Assistance with medication administration to ensure adherence to treatment plans.

#### • Stoma Care

Our skilled team offers expert care for stoma management and preventing infection.

#### • Continence and Catheter Management

Expert care for continence needs and catheter maintenance to ensure comfort and prevent complications.

#### Diabetes Management

Strategies and support for managing diabetes effectively at home, tailored to your needs.

#### Respiratory Care

Comprehensive plans to manage and treat respiratory conditions, improving your quality of life.

#### • Chronic Condition Management:

Experience ongoing support for various chronic conditions, aimed at improving your overall health and well-being.



## Want to know more ?

Experience personalized and compassionate care tailored to your needs.



Give us a call 1300 638 160



#### **Nurse Practitioner services**

Our nurse practitioner services deliver specialized and holistic healthcare directly to your doorstep. We provide medical services at home, focusing on complex care needs for those who cannot visit GP services. Our nurse practitioners collaborate with GPs to offer expert clinical assessments, personalized treatment plans, and ongoing monitoring to ensure optimal health outcomes.

#### • Private In-House Visits

Personalised medical care through private consultations at your doorstep for ultimate convenience.

#### • Clinical Care

Personalised clinical care, including assessments, ongoing monitoring, and health condition management at home.

#### • Post-Hospital Discharge Support

Review and manage short-term recovery post-hospital discharge, including medication management, pain control, wound care and so on, ensuring smooth home-care transition.

#### Training and Education

Training sessions for caregivers and healthcare professionals on essential healthcare practices and emergency responses.

#### • Acute and Chronic Illness Care

Diagnosis, treatment, and management of your condition in collaboration with your GP, including ordering diagnostic tests, prescribing medications, and making specialist referrals for comprehensive medical care.

#### • Referrals and Care Coordination

Care coordination for chronic conditions such as Dementia, Parkinson's Disease, Multiple Sclerosis, Cardiovascular diseases, Mental Health illness and Palliative care, facilitating referrals to multidisciplinary teams and allied health services.

#### • Specialty Services

Services like compliance audits, healthcare consulting, and advisory to meet regulatory standards.



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Nicholas Wehby Home Care Service Recipient

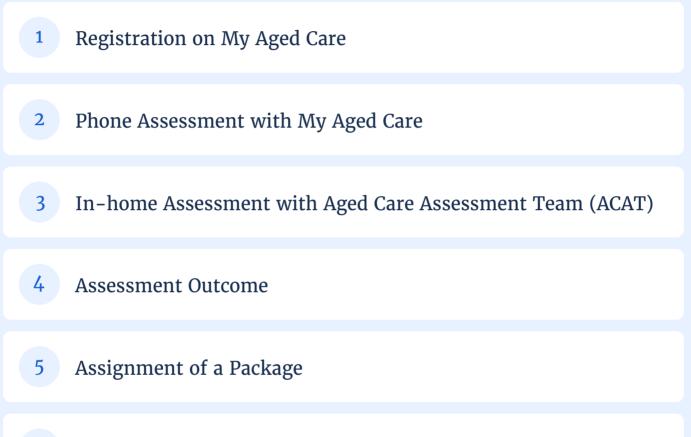
Medical Home Visits by Nurse Practitioners like Su are indispensable. She brings expertise and kindness to every appointment.

## Eligibility

The Home Care Packages program was primarily developed to assist frailer older Australians to remain in their homes.

## **How It Works?**

Completing the application process usually involves six steps:



6 Selecting a Provider and Creating a Tailored Plan

## Need help with application?

We know the application process can be overwhelming and time-consuming. We're here to guide you through each step. Contact us today for assistance!

#### Call us now on: 1300 638 160

## Why Choose Us?

At Kanyini Care Services, we prioritize your wellness with exceptional and personalized home care. Our team of AHPRA-registered clinicians and specialists in aged care and mental health is dedicated to providing compassionate, tailored support.

#### 1

#### **Case Management led by Experienced Registered Nurses**

Our registered nurses provide personalized case management, delivering high-quality care as per your needs. Trust us for detailed coordination that enhances your quality of life.

2

#### Services Guarantee

From 1 hour to 24 hours a day, whatever your need is, we provide exceptional home care services with personalised attention, compassionate support, and professional expertise.

### **3** Appointment Assistance

Alleviate the anxiety associated with medical visits with our Appointment Buddy system. This system provides support and companionship, helping improve attendance at healthcare appointments.



#### **Coaching and Mentoring for Care Recipients**

Empowering education is our principle. We inform care recipients about their rights and available resources to enhance decision–making.



#### **Medical Support**

With our flexible nurse practitioner (NP) services for home care recipients, you can eliminate the wait for medical care.

6

#### **Proactive Post Hospital Discharge Support**

RN-led post-discharge support minimizes relapse risks, ensuring smoother transitions and sustained recovery in the community.

#### 7

#### **Effective Crisis Intervention**

We support crisis interventions and monitor Community Treatment Orders (CTOs) to reduce relapse rates and implement the least restrictive practices.



## About Kanyini Care

Kanyini Care Services is dedicated to delivering exceptional and personalised home care. Our team is committed to fostering an environment that supports your independence while providing the necessary care to enhance your life at home. We offer a comprehensive suite of services that meet and exceed the highest safety and personal care standards.

### **Our Vision**

We envision a world where every individual receives compassionate, holistic care that nurtures the spirit, honours deep connections with family and community, and respects the sanctity of home as the heart of well-being.

### **Our Mission**

To deliver personalised, top-tier home care and NDIS services, ensuring everyone we serve can live independently and with dignity in their homes. We aim to navigate complex health challenges with empathy and expertise, enhancing the quality of life for all our clients and honouring their unique journeys toward recovery and well-being.

#### **Our Core Values**

Our core values reflect the "Kanyini" philosophy, which emphasises a deep connectedness and responsibility to care for each other. This philosophy underpins our commitment to providing healthcare services that not only meet physical health needs but also support mental and emotional well-being.

Kurunpa (Spirit, Soul, and Psyche): Focusing on the comprehensive well-being of our clients, addressing mental and emotional health needs alongside physical care.

#### Walytja (Family and Kinship):

Recognizing the vital role of family and community connections in health and recovery, emphasizing support networks that enhance the care experience. Ngura (Home, Place, and Belonging): Ensuring that every client feels a sense of safety, comfort, and belonging in their living environments, which is crucial for overall well-being and recovery.

**Tjukurrpa (Belief System):** Practicing the highest ethical standards in care practices, ensuring integrity and excellence in every action, particularly in culturally sensitive contexts.

## We Care for Aboriginal and Torres Strait Islander People

We are committed to a shared journey with Aboriginal and Torres Strait Islander people towards greater strength and prosperity. Our services celebrate culture and create opportunities for the indigenous community, ensuring they are culturally tailored and deeply respectful of the communities.

In collaboration with

### Kalang Respite Care Centre Aboriginal Corporation Indigenous Health

We proudly collaborate with Kalang Respite Care Centre Aboriginal Corporation Indigenous Health to deliver exceptional home care packages and services throughout Sydney. As a committed Not-for-Profit organisation, Kalang focuses on supporting Indigenous and non-Indigenous communities with services, including domestic assistance, cultural and social support, day respite, shopping assistance, lawn mowing, maintenance, and transportation to appointments.



🏶 Kanyini	Notes	Date:

## **Book a free consultation**

Call us on 1300 638 160 or email Info@kanyinicareservices.com.au



Scan QR to make a referral

kanyinicareservices.com.au



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